

# Periodontics & Dental Implants

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## CONSCIOUS SEDATION INFORMED CONSENT FORM

This document is to provide an opportunity for patients to understand and give permission for conscious sedation when provided along with dental treatment. Each item should be checked off after the patient has the opportunity for discussion and questions.

- \_\_\_ 1. I understand that the purpose of conscious sedation is to more comfortably receive necessary care. Conscious sedation is not required to provide the necessary dental care. I understand that conscious sedation has limitations and risks and absolute success cannot be guaranteed. (See #4 options.)
- \_\_\_ 2. I understand that conscious sedation is a drug-induced state of reduced awareness and decreased ability to respond. Conscious sedation is not sleep. I will be able to respond during the procedure. My ability to respond normally returns when the effects of the sedative wear off.
- \_\_\_ 3. I understand that my conscious sedation will be achieved by the following:
- Oral administration: I will take a pill approximately 30 to 90 minutes before my appointment. The sedation will last approximately 12 to 24 hours.
- \_\_\_ 4. I understand that the alternatives to conscious sedation are:
- \_\_\_ a. No sedation: the necessary procedure is performed under local anesthetic with the patient fully aware.
  - \_\_\_ b. Anxiolysis: Taking a pill to reduce fear and anxiety.
  - \_\_\_ c. Nitrous oxide sedation: Commonly called laughing gas, nitrous oxide provides relaxation but the patient is still generally aware of surrounding activities. Its effects can be reversed in five minutes with oxygen.
  - \_\_\_ d. Intravenous Sedation: The doctor could inject the sedative in a tube connected to a vein in my arm. This requires advance arrangement with our anesthesiologist.
  - \_\_\_ e. General Sedation: Commonly called deep sedation, a patient under general anesthetic has no awareness and must have their breathing temporarily supported. General anesthesia is more appropriate for longer procedures lasting 3 or more hours. This requires advance arrangement with our anesthesiologist.
- \_\_\_ 5. I understand that there are risks or limitations to all procedures. For sedation these include:
- (Oral Sedation) Inadequate sedation with initial dosage may require the patient to undergo the procedure without full sedation or delay the procedure for another time.
  - A typical reaction to sedative drugs which may require emergency medical attention and/or hospitalization such as altered mental states, physical reactions, and other sicknesses.
  - Inability to discuss treatment options with the doctor should circumstance requires a change in treatment plan.
- \_\_\_ 6. If, during the procedure, a change in treatment is required, I authorize the doctor and the operative team to make whatever change they deem in their professional judgment is necessary. I understand that I have the right to designate the individual who will make such a decision.
- \_\_\_ 7. I have had the opportunity to discuss conscious sedation and have my questions answered by qualified personnel including the doctor. I also understand that I must follow all the recommended treatments and instructions of my doctor.
- \_\_\_ 8. I understand that I must notify the doctor if I am pregnant, or if I am lactating. I must notify the doctor if I have sensitivity to any medication, of my present mental and physical condition, if I have recently consumed alcohol, and if I am presently on psychiatric mood altering drugs or other medications.
- \_\_\_ 9. I will not be able to drive or operate machinery while taking oral sedatives for 24 hours. I understand I will need to have arrangements for someone to drive me to and from my dental appointment while taking oral sedatives. And to have someone with me for 24 hours following surgery.
- \_\_\_ 10. I hereby consent to conscious sedation in conjunction with my dental care.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

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